**Name: \_Conway**

**Age: \_9 Sex: \_G**

**Date: \_03/30/2018**

**Before:**

****

**After:**

Findings

**Overall Health and Vitality:** Before Session \_62 After Session\_84

**Meridians Out of Balance:** Stomach (In balance by closing)

**Hooves:** Calcifications- none. Barefoot.

Notes: Had soft heels and frogs, and thrush. On lush pasture.

**Viral or Bacterial Issues: Y** Hooves

Where and what’s needed- hoof soaks https://youtu.be/se6zmg3zNDE

**Main Problems Presented Today:**

Soft hooves, tight biceps/forearms, gaskin area, scoas. And sore SI

**May I Work On You Today?: Y**

**Trapped Emotions:** How many do you have? \_5 How many can we release today? \_5

Today we released: \_Helplessness, unworthy, despair, defensiveness, frustration.

Tomorrow you can release: \_

**YIN/YANG Balances: North** 6 **South** 4

**Polarity Sweeps:\_✅ “Fly-Bys”: ✅ Applied Release:\_✅ Applied Miracle Spray:\_✅ Worked K27s:\_✅**

**Bladder Sweeps:\_3x each side**

**Defense Posture Release, Both Sides: ✅**

**Areas Released:**

**C1-C2 Atlas/Axis:** both- more reactive on R

**C3-C6 Neck:** Both-

**C7/Scapula:** Both- tightest on R

**1 Wither:** neither

**Knees:** Both- very mildly stiff

**Elbows:**  Both

**1st Rib:** Both

**Ribs 2-6 and Drunken Horse Pose:** Both- had a hard time extending for drunken pose. Had tight pec/sternum/scapula

**Ribs thru 18:** All

**Belly Lifts ✅**

**Psoas Release: ✅**

**Hips:** R

**Ischium/Ilium:** R

**SI Joint-** Sore

**Tail Pull ✅**

**Butt Tuck ✅**

**Belly Lift and Holds ✅**

**Closed Down Session w/ 2 Bladder Meridian Sweeps, Both Sides. ✅**

**\*Disclaimer\* This is not a diagnosis or meant to replace your regular veterinarian or chiropractic care.**

**If this were my horse, these are the actions I would take for optimal results:**

* **3 days of no under-saddle work post 1st Bodywork session, hand walks and gentle large circle lunging are good if you must. Plus yoga poses each of those days.**
* **30 days straight of Horse Yoga Poses, best if done pre and post rides after under-saddle work resumes.** [**https://youtu.be/PKEL-aHCDsE**](https://youtu.be/PKEL-aHCDsE)
* **Bladder Sweeps 3x each side before/after Yoga and/or a ride or in any stressful situation that may arise (travel, colic, etc)**
* **Daily shoulder/wither lifts on the 1 side ( L or R, not both) as noted above, until your horse get their next trim/shoeing (best to do this just before farrier works on them).**
* **Apply \_10 drops of NCD2 \_1 x day until bottle/s are gone, directly into their mouth or in a hollowed out carrot. Very import to give them before and after vaccinations, chemical dewormers, and other prescribed drugs. https://youtu.be/Xw9D\_CujB3A**
* **Apply Trace Minerals to replenish minerals, use as a natural dewormer (copper), anti-bacterial/anti-viral for internal issues \_3 droppers full on wet mash for \_10 days. Externally can be used to push out infection on wounds for quicker healing.**
* **Apply Miracle Spray directly into their mouth or on top of food as long as they show interest to sooth digestion issues and boost immune system and/or their coronet bands, outer hooves, and under hooves/ frogs (imagine a whole hoof soak but it’s sprayed on instead of sitting in a soak).**
* **Apply Release Spray as needed on tight areas (head, whither, hind end, etc.), to reduce bruising, trauma, and/or over horse, or into mouth just to calm or relax them. Good tool if colicing.**
* **Apply Balm generously to arthritic knees and other Calcifications like Sidebone etc. See video for more instructions. Can also reduce old scar tissue.**