

Case Study – Equine Unwinding

October 30, 2013 - 16 yr old mixed breed mare “Ash”

Before



After



Before

After



Findings :

Overall health & vitality at start 53%, 85% at end

Meridians out of balance: Heart, Lung, Large Intestine, Liver, Bladder, Kidney, Stomach

Hooves not balanced – side bone calcifications

Viral Issues – Yes in Lungs – Hiscorbadine, 2500mg for 10 days

Bacterial Issues – Yes in Head – 3 full dropper fulls of Dynamite Liquid Trace Minerals for 10 days

Detox with 4 bottles of NCD2, 15 drops, once per day

Main problems presented today:

Environmental – Dust...from many sources, not just hay

Physical**Emotional**

Trapped Emotions – 12 which could be released at a rate of 3 per day:

Effort Unreceived, Crying, Bitterness, Rejection, Dread, Betrayal, Heartache, Defensiveness, Grief, Forlorn, Depression, Peeved

Yin/Yang to balance– N3, S4

Areas Released

Atlas – Both sides

Axis –Both sides

C6 & C7 – Left side

Scapula Release – Both sides

Shoulder lift – Right

1st Rib – Right

10-15 Ribs – Left & Right

Release Psoas

Release Pelvis – Right side, Lumbar 2 Left

SI Joint sore – MSM recommended

Lift Ischium Bone - Right

Elbows – Right

Fetlocks – Left Front

Hocks – Neither at this time

Cranial:

Occiput

Right side Parietal, Frontal

Left side Zygoma & TMJ

Hypothalamus (history of laminitis)

Recommendations:

More cranial work needed

Hoof soak

Ting Spray

Balm calcification sweats

Daily yoga, SI Joint hand hold, Hypothalamus hand hold.

I'm not sure what it is called, but I also recommended the hand hold where one hand is placed on hip and the other high up in groin area and then repeat on other side.

Also recommended the psoas release trigger points & bladder meridian sweeps